

IMA DOMBIVLI BRANCH ACTIVITY REPORT (2018 – 19)

1) 8th April 2018 - WHO Day Celebration (Community Service)

WHO Day Program was celebrated for the first time by IMA Dombivli at Sarvesh Hall..Keeping in mind the theme of WHO day “Health for All” wonderful informative sessions on Health Insurance by Dr. Sultan Badami, Healthy mind by Dr Adwait Padhye, Diet & Nutrition by nutritionist Rochita Date and on Spiritual wellbeing by AOL trainer Mr Ravi Kadamwere arranged which were well appreciated by the attendees. The program was a grand success. Dr Makarand Ganpule was the moderator for the program. 100 people attended the program



2) 18th April 2018 – Multispeciality CME

A **Multi-specialty CME** with topics on TB notification and Approach to summer illnesses was arranged on 18th April... Since world Asthma Awareness day was just round the corner on 1st May 2018, a special lecture on COPD and Asthma was organized. 1 CME credit point was granted by MMC. Dr. Medha Oak was the moderator for the program. The CME was attended by 95 members.



3) 24thApril 2018 – Project Aadhar (Community Service for senior citizens)

IMA Dombivli Women's Wing conducted **"Project Aadhar - Care for Senior Citizens"**. A medical health checkup camp was organized for residents of SandhyaChhayaVridhashram at Dombivliwest. Residents of old age home were given comprehensive medical examination (Ophthal, Dental, psychiatric, Blood, Vascular age, etc). Necessary treatments were also recommended. The project head was DrNayanaChoudhari and project co coordinator was DrVijayalaxmiShinde under the guidance of IPPDrNiti Upasani and WW Chairperson Dr. LeenaLokras. The consultants who participated in Health checkup camp were – Dr. VandanaDhaktode, DrRashmiPhansalkar, Dr. Vijay Chinchole, Dr. ReenaChoudhari, Dr. Bharti Choudhari and members of IDA.

13 residents of the old age home were benefited.



4) 29thApril 2018 – AHA certified BLS workshop

The first **AHA Certified BLS Workshop** in association with Symbiosis Institute of Health Sciences (SIHS) was held on 29thApril at Heritage Hall, Dombivli East under Project Sanjeevan. Delegates from Dombivli, Kalyan, Ambernath, Navi Mumbai and Thane attended the workshop. 2 MMC credit points were granted to RMPs. All delegates appeared for a test at the end of workshop and passed with flying colours. They have been awarded with AHA certification with BLS provider card (Internationally valid for 2 years).

34 healthcare professionals were trained in BLS(AHA certified) under Project Sanjeevan.



5) 12th May 2018 - Mother's Day celebration

Mother's day was celebrated at IMA Dombivli in a unique way. Women's Wing IMA Dombivli organized a health checkup for Mothers on 12th May at Dombivli Gymkhana. Mothers were given comprehensive Health Check Up –Pathology(by DrMakrandGanapule), Bone Density,ECG, Neurological Assesment,Fundoscopy,Cosmetic consultation (by DrGayatri Bhardwaj),X RAY and Mammography(by DrUtkarshBhingare).
45 mothers took benefit of the health check-up camp.



6) 30thMay 2018 – Hypertension Symposium

On 30thMay, a **HypertensionSymposium** was organized. The topics were -JNC 8 Classification -Guidelines for Hypertension, BP Management in Acute Stroke and Treatment of Resistant Hypertension.1 CME credit point approved from MMC. Dr. Ashwini Acharya was the moderator for the CME.

The CME was attended by 97 Doctors.



7) 31st May 2018 – BLS training for Lay Rescuers (Project Sanjeevan)

A **BLS Workshop for Lay Rescuers** was organized by IMA Dombivli under 'Project Sanjeevan'. It was organized at EktaNagar where enthusiastic lay people were given hands on CPR training and were also trained on the use of AED by Dr Sandhya Bhat, Dr Deepa Shukla, Dr. Nayana Choudhari and Dr. Meena Pruthi. The event was highly appreciated by all participants and they were issued certificates after successful training.

38 lay rescuers were trained for BLS under Project Sanjeevan.



8) 17th June 2018 - Father's Day Celebration

IMA Dombivli celebrated **Father's Day** in a grand way on 17th June 2018 for the first time ever. 3 generations of families were invited. The event was executed by Cultural committee. The evening 'EkSuhaaniShaam' was made alive and memorable by the mellifluous voice of Dr. Shashikant Kamat and his group. There were lots of sentimental moments when the children expressed their love and gratitude for their father. The fathers were felicitated and lots of prizes were given.



9) 21st June 2018 – Nurses Training Program on Communication skills

A **nurses training program** was organized by IMA Dombivli under HBI activity of IMA Dombivli. The event was a Patient Management Program on Communication and Interpersonal skill. Dr. Sunit Upasani was the coordinator for the workshop.

Program was attended by 90 nurses and para clinical staff from 26 different hospitals.



10) 24th June 2018 - World Elder Abuse awareness Program with BLS training for Lay Rescuers

24th June 2018, Sunday – a community program was held in PathareHall, Dombivli Gymkhana On the occasion of 'World **Elder Abuse Awareness Day**'. The program started with a training on Basic Life support by members of Team Sanjeevan – Dr. Dee Shukla and Dr. NayanaChaudhari, followed by a skit presentation on Elder Abuse by 'KalakarAmhiKalyankar' group. This was followed by a lecture on Elder abuse and its prevention by Mr. Ramesh Parkheand another lecture on Ageing Gracefully Dr. DushyantBhadlikar. The program was coordinated by Dr. Vijay Chinchole.

About 60 senior citizens and their caretakers attended the program and were also trained for BLS under Project Sanjeevan.



11) 27th June 2018 – Multispecialty CME

Multi-specialty CME (with 1 credit point from MMC) was organized on 27th June. The topics were presented by renowned speakers from Dombivli. The topics for the same were Fever in Pregnancy By Dr. Krishnakumar, Gall Bladder Diseases – Diagnosis and Treatment by Dr Rahul Mahadar and a lecture on Monsoon Preparedness was taken. Dr. Niti Upasani was the moderator for the program.

The program was attended by 97 delegates.

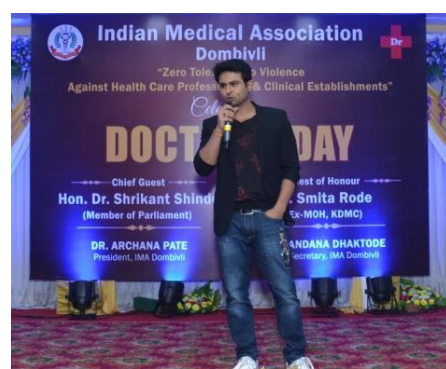


12) 1st July 2018 - Doctor's Day Celebration

DOCTOR'S DAY was celebrated by IMA Dombivli on 1st July 2018. A special GBM was convened in which IMA HQ theme of Healthcare Violence was discussed. Member of Parliament Dr. Shrikant Shinde was the Chief Guest for the Doctors Day Program after GBM. MP Dr Shrikant Shinde was explained the issue of healthcare violence in depth by IMA National Jt Sec and National Convener for Committee on Zero Tolerance of Violence on Doctors Dr. Mangesh Pate. He also appealed the MP to raise the issue and all IMA demands in Parliament in coming Loksabha session. Dr. Pate also appealed Dr. Shinde to push for a strong Central act for safety of healthcare professionals.

As per IMA Dombivli tradition, awards were distributed to Doctors with professional or personal achievements and also to children of IMA members with academic and extracurricular excellence. An appeal was made to the people *to donate blood on the occasion of Blood Donation drive organized by IMA Dombivli on 8th July 2018. A Press Meet was organized and a press release regarding violence issue & IMA demands was given.

Comedy Nights with Dr. Sanket Bhosale - Following GBM, a cultural program “ Comedy night with Dr. Sanket Bhosale was organized followed by dinner for IMA Dombivli members with family. The program was attended by over 165 people.



13) 3rd July 2018 – School Health Program

IMA Dombivli Women's Wing & Aao School Chale in committees jointly conducted a camp at DKVC School, Dombivli East on 03.07.18 as a part of MISSION PINK HEALTH program, with guidance from state co-ordinator MPH Dr. Meena Pruthi. Anemia detection & treatment with general health checkup was conducted for girls between the age group 12 to 16 yrs. A talk on Anemia awareness, menstrual health & hygiene was given by Dr. Manasi Karandikar. General checkup, Anemia detection & treatment of boys of age the group 12 - 15 yrs was conducted. A lecture for boys on general health & adolescent issues was taken by Dr. Dushyant Bhadlikar, chairman, Aao School Chale in Committee. The consultants who participated in the program were – Dr. Anjana Parashar, Dr. Charusheela Deodhar, Dr. Shalaka Sonawane, Dr. Vijayalaxmi Shinde, Dr. Nayana Chaudhari, Dr. Shyamkant Ghotikar, Dr. Dilip Joshi, Dr. Vandana Dhaktode, Dr. Sunit Upasani, Dr. Rahul Karandikar and Dr. Vinay Byadgi. Nearly 250 children benefited.



14) 4th July 2018 - School Health Program

Health Education at Gurukul Day School under Aao School Chale in was conducted on 4th July 2018 from 9.30 am till 11.00 am. Dr.Dushyant Bhadlikar, Chairman of ASC Committee took session on Reproductive health and Changes during adolescence for boys. Dr.Manasi Karandikar, project Coordinator for ASC took session on Reproductive health, nutrition and hygiene for girls.

About 150 students were benefited.



15) 8th July 2018 - Blood Donation Drive

On the occasion of Doctor's day, **Blood Donation camp** was organized as per the directives of IMA MS/IMA HQ in association with Plasma Blood Bank on 8th July 2018 at Dombivli Gymkhana. Dr. Utkarsh Bhingare was the project chairman.

74 units of blood was collected.



16) 18th JULY 2018 – School Health Program

IMA Dombivli Women's Wing & Aao School Chalein committees jointly conducted a camp at Kumkum School, Dombivli East as a part of MISSION PINK HEALTH programme with guidance from state co coordinator for MPH Dr. Meena Pruthi. Anemia detection & treatment, deworming and health education for boys and girls between age groups 11 – 14 years was conducted for 168 boys and girls.

A lecture on Anemia awareness, hand hygiene, good touch/ bad touch, adolescent health and hygiene was given by Dr. Vijayalaxmi Shinde for girls and on adolescent education for boys by Dr. Dushyant Bhadlikar. General health checkup was conducted by Dr. Leena Lokras, Dr. Niti Upasani, Dr. Vandana Dhaktode, Dr. Dilip Joshi, Dr. Anusuya Gopal, Dr. Manasi Karandikar, Dr. Nikhil Kulkarni, Dr. Milind Sakpal. Dr. Bharti Chaudhari and Dr. Madhav Baitule arranged for Hb estimation of the students. Dr. Nayana Chaudhari, Convener of IMA Dombivli women's wing coordinated the whole project.



17) 22nd July 2018 - ECG and Treadmill Workshop

IMA Dombivli CGP subchapter organized ECG and TMT workshop on 22nd July 2018 at Heritage Annexe, Dombivli - E. Dr. Harin Vyas, cardiologist, Fortis Hospital, Mulund conducted the workshop. Dr. Vyas explained the difficult concept of ECG and TMT in simplest possible manner. All delegates were given a booklet on the topic. The workshop was well appreciated by all the delegates. Quiz was conducted at the end of each topic and participants were given prizes for correct answers.

The workshop was attended by 40 delegates from Dombivli, Kalyan, Bhiwandi, Ambarnath and Ulhasnagar.



18) 28th July 2018 – Dhikkar Diwas

IMA Dombivli conducted GBM to discuss all aspects of NMC bill and the reason behind the call given for suspension of routine medical services by IMA all over India. The GBM saw a huge turnout of members. IDA Dombivli attended our meeting and declared their support to our cause. This was followed by press conference which was attended by many reporters from print and television media and they were made aware of the harsh realities of NMC bill and its overall effects on medical education and healthcare system in India.

A memorandum was submitted to Tehsildar, Kalyan.



19) 29th July 2018 - AHA certified BLS workshop

IMA Dombivli in association with Symbiosis institute of Health Sciences (SIHS - Pune) conducted 2nd AHA Certified BLS workshop on 29th July 2018, Sunday under Project Sanjeevan. Delegates learnt life saving skills of CPR, use of AED, first responder treatment in choking and drowning. 2 MMC credit points were granted to RMPs. All delegates appeared for a test at the end of workshop and passed with flying colours. They have been awarded with

AHA certification with BLS provider card (Internationally The event was well appreciated by all delegates and boosted their confidence to handle emergencies.

40 Delegates from Dombivli, Kalyan, Bhiwandi, Ambernath, Badlapur, Shahpur attended the workshop.



20) 10th August 2018 - School Health Program

Health Education at Holy Angel's School under Aao School Chalein was conducted on 10th August 2018 from 1.30 pm till 3.30 pm. Dr.DushyantBhadlikar, Chairman of ASC Committee took session on Reproductive health and Changes during adolescence for boys. Dr.Niti Upasani took session on Reproductive health, nutrition and hygiene for girls. The program was co-ordinated by ASC Convener Dr ManasiKarandikar.

About 300 students were benefited.



21) 12th August 2018 – Monsoon Picnic to Durshet Forest Lodge Resort, Khopoli

The cultural committee of IMA Dombivli organized a monsoon picnic on 12th August 2018 to Durshet Forest Lodge Resort, Khopoli. The picnic was attended by 42 members. It was a memorable picnic where everyone enjoyed the adventure games, forest trail, waterfall, Rain dance and many many more activities.



22) 22nd August 2018 – Medical CME

Medical CME with 1 credit point from MMC was organized on 22nd August. The topics were - Recognizing sleep Apnea in clinical Practice, Acute Kidney Injury and Understanding LFTs, which were presented by renowned speakers from Dombivli – Dr. S. Ramnathanlyer, Dr. Dinesh Mahajan and Dr. Rakesh Patel. Dr. Ashwini Acharya was the moderator for the program.

The program was attended by 87 delegates.



23) 9th September 2018 – Fu Bai Fu (MangalaGauri program)

IMA Dombivli Women's wing celebrated MangalaGauri in a traditional way by organizing a cultural program Fu Bai Fu which was attended by 33 women members of IMA Dombivli. Dressed in traditional Navwari attire, the participants had a great time by enjoying the traditional Maharashtrian games, Ukhana competition and many prizes were distributed. Dr. LeenaLokras, Dr. NayanaChoudhari and Dr. ManasiKarandikar from team women's wing coordinated for the event.



24) 22nd September – BLS training at Holy Angels School

IMA Dombivli Sanjeevan Committee undertook BASIC LIFE TRAINING workshop for teachers of HOLY ANGELS SCHOOL Dombivli on 22nd September 2018. Lecture on BLS was given by Sanjeevan Committee Chairperson Dr. SandhyaBhat along with entire coordination of the program and demonstration of the BLS was given by IPP Dr. Niti Upasani. All the teachers were given Hands On training on Manikin by Dr. SandhyaBhat and Dr. Archana Pate. The program was attended by nearly 50 teachers from Holy Angels School.



25) 28th September – Organ Donation Awareness Session at Model College

Organ donation awareness program was on 28th September 2018 at Model College, Khambalpada which was attended by more than 100 NSS volunteer students and teachers. Dr Archana pate took session on organ and body donation, Dr Sunit Upasani spoke about skin donation and Dr Sheetal Khismatrao talked about eye donation. The program was very appreciated by students as well as teachers and we could clear their doubts.



26) 6th October 2018 - Educational workshop for Young Women at Model college

IMA Dombivli undertook Educational workshop for nearly 150 female students and teachers of Model College. The following topics were covered - A healthy Mind - Psychological health issues in the Adolescent Age was covered by Dr. AdwaitPadhye. Menstrual & Sexual Health & Hygiene was taken up by Dr. Niti Upasani. Cervical Cancer Awareness & Prevention was covered by Dr. NileshShirodkar



27) 7th October 2018 - Self Defence Workshop for underprivileged girls

A Self Defence Workshop was conducted for underprivileged girls at School in Golivli, Kalyan east by Beti Bachao Beti Padhao Committee (BBBP Committee) of IMA Dombivli in coordination with NGO Vacha group with the help of BBBP chairperson Dr. Vijayalaxmi Shinde. 35 under privileged girls of age groups 13 years to 16 years benefitted from the program. Self-defense from I.I.K.F. took the sessions and gave live demonstrations on how to deal with common incidents. Importance of Good touch and bad touch with safe circle sharing was taught. Adolescent Nutrition and health needs were also explained.



28) 10th October 2018 – School Health Program

IMA Dombivli WW and Aao School Chale teams conducted a comprehensive medical checkup camp and lectures for 1st to 10th grade students of Kids land School, Dombivli west. The following lectures were conducted:

- 1) Hand hygiene and general hygiene by Dr. Leena Lokras and Dr. Sandhya Bhat.
- 2) Menstrual problems and sex education by Dr. Niti Upasani
- 3) Challenges of adolescence in School children by Dr. Dushyant Bhadlikar.

Medical checkup was done with the support of following members: Dr. Revathi Iyer, Dr. Dilip Joshi, Dr. Ghanshyam Shirali, Dr. Niket Karnik, Dr. Sunit Upasani, Dr. Niti Upasani, Dr. Archana Pate. Total no. of students benefitted – 385



29) 13thOctober 2018 – School Health Program

IMA Dombivli Women's Wing conducted a camp at Mahatma Gandhi school, Dombivli West as a part of Mission Pink Health program under guidance from state co ordinator Dr. MeenaPruthi. The program was coordinated by WW Chairperson Dr. LeenaLokras and convener of WW Dr. NayanaChoudhari.

Hb estimation for Anaemia detection was done by Dr.MadhavBaitule.A lecture on Anaemia awareness, hand hygiene, good touch/ bad touch, adolescent health and hygiene was given by Dr. Manasi Karandikar & Dr. Netra Pachpande. General health checkup was conducted by Dr. Vandana Dhaktode, Dr. Anusuya Gopal, Dr. Sheetal Sagade, Dr. Anjana Parashar, Dr. Charusheela Deodhar, Dr. Priya Karande and Dr. Swati Gurav

Nearly 180 girls between the age group 12-16yrs benefitted from the program.



30) 14th October 2018 – IMA Dombivli DandiyaRaas

IMA Dombivli cultural committee organized DandiyaRaas on the occasion of Navratri. IMA members joined with family and friends. Great participation of members with great music and lovely ambience made the evening one of the most memorable one!



31) 30th November 2018 - Workshop on ICU Management For Non Intensivists

IMA Dombivli in association with Fortis Hospital, Mulund organised full day workshop on ICU Management for Non Intensivists. The workshop aimed at early identification and treatment of complications in indoor patients. It also included basic ventilation and hands on training for various procedures like central line, arterial line, intubation, tracheostomy etc. The workshop was attended by 50 delegates and was well appreciated by everyone. MMC granted 2 credit points for the workshop.



32) 30th November 2018- NAVRANG 2018

IMA Dombivli celebrated its cultural event NAVRANG 2018 with great fanfare and super participation of members. There were 4 main events – Nupur (Dance competition), Taraana (Singing competition), IMA's got Talent (The Talent Competition) and Inaayat (The fashion

Show). Experts in the fields were invited as judges. IMA members, their spouses, kids and family members participated enthusiastically into the event.



See more photos at

<https://photos.app.goo.gl/pwBZqWycYvjT487R8>

33) 1st and 2nd December 2018 - MAHAHOSPICON / IMAFEST 2018

Organising MAHAHOSPICON (IMA Maharashtra State Conference of HBI) along with IMAFEST 2018 (Annual Conference of IMA Dombivli) was an absolute honour and privilege. The conference witnessed a power packed package thanks to wonderful team work, great camaraderie and amalgamation of knowledge and culture. The highlights were -

- Eloquent speakers of National and International repute
- Highly informative panel discussions on issues encountered in day-to-day practice.
- Presence of National and State IMA leaders -
IMA National President Dr Ravi Wankhedkar, National Finance Secretary Dr Monga, National HBI Chairman & Hon. Secretary General elect Dr R V Asokan , Past National Presidents Dr. A Marthanda Pillai, Dr Ashok Adhao, National HBI Secretary Dr Jayesh Lele, Maharashtra State IMA President Dr Hozi Kapadia, Hon. State Secretary Dr Suhas Pingale, MMC President Dr Utture, National Vice President Elect Dr Anil Pachnekar...we are grateful to all IMA Leaders for gracing the occasion.
- The event was graced by presence of Hon Minister of State Shri Ravindra Chavan.

- Conference Souvenir was released by National President Dr. Ravi Wankhedkar, Hon. Shri Ravindra Chavan and dignitaries which is a complete handbook of relevant topics of day-to-day practice.
- Dr.U. Prabhakar Rao Oration was delivered by renowned Psychiatrist and theatre /film personality Dr. Mohan Agashe.
- 4 credit points from MMC.
- Enthusiastic participation of delegates from all over Maharashtra was a great booster.
- Gala Banquet - JASHN - was a grand event in itself - masti, music and lots and lots of fun... the delegates enjoyed to their heart's content

It was an ultimate grand show of Team work, thoughtfulness, sincerity and hard work...



See More photos:

Day 1 <https://photos.app.goo.gl/iXpT56hqG1DfMiQn9>

Day 2 <https://photos.app.goo.gl/uEfNaBzDCJK4i94L9>

Inauguration Photos <https://photos.app.goo.gl/t1SMAvAsTR3Vcghr6>

Oration Photos <https://photos.app.goo.gl/6sUQizNabUQYHqqPA>

Banquet <https://photos.app.goo.gl/fx7d6bGHCJyp37h3A>

34) 4th JAN 2019 - ALL INDIA PROTEST DAY

In view of the All India Protest Day declared by IMA HQ and IMA MS to protest against 3 detrimental bills, IMA Dombivli observed Porotest. All IMA Dombivli members wore black band

around their arm during work, Protest day posters were put up in OPDs and a memorandum was submitted to Hon MP Shri Shrikantji Shinde.



35) 19th January 2019 - Emotionally Intelligent Relations Through Time / Stress Management with Haldi Kumkum celebration

Women's wing IMA Dombivli under Dr. Leena Lokras and Dr Nayana Chaudhari conducted a workshop on EMOTIONALLY INTELLIGENT RELATIONSHIPS THROUGH STRESS AND TIME MANAGEMENT on 19th Jan 2019. Speaker DR KAVITA KAREER spoke on innovative ways of dealing with stress that we as professionals deal with in our various roles. The workshop was interactive and the audience was involved in various fun activities to understand and deal with our problems. The workshop was attended by 38 members. Makarsankranti was also celebrated by wearing black attire, applying haldi- kumkum & distributing tilgul.



36) 26th JAN 2019 - PROJECT DNYANDA



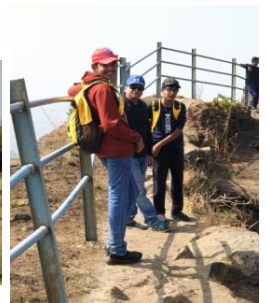
On 26th January 2019, on the auspicious occasion of Republic day, IMA DOMBIVLI under BBBP donated school supplies useful for science lab as part of Project Dyanada. Beneficiary school was Shivai balak vidya mandir, MIDC, Dombivli East. The project was arranged and coordinated by BBBP

chairperson Dr. Vijayalaxmi Shinde and BBBP convener Dr. Hemant Patil. Dr Sushil Shinde and Ms. Smira Shinde graced the occasion with their presence and support.

37) 27th JAN 2019 - LOHGAD TREK

For the first time ever, IMA Dombivli organised a trekking expedition - to the mighty Lohgad fort. Though called easy by the standards of seasoned trekkers, for inexperienced and novice trekkers, it is a test of endurance and will power. The impregnable, robust fort situated at 3500 feet and the hard approach makes you respect the makers of it with bowed head.

30 enthusiastic trekkers from IMA Dombivli participated in the trek and it was an experience to be cherished for life. The age range of participation was from 7 years to 57 years.



38) 29th JAN 2019 - ORGAN DONATION AWARENESS PROGRAM

IMA Dombivli conducted Organ Donation Awareness program at K.M.Patel college of commerce and science, Thakurli on 29th Jan 2019. The program was attended by teachers and nearly 100 senior college students. Dr.Sunit Upasani spoke on Body Donation with Eye and Skin Donation and Dr. Archana Pate spoke on Organ Donation in general. The program was well appreciated by teachers as well as students.



39) 30th Jan 2019 -MULTISPECIALITY CME

IMA Dombivli conducted Multispeciality CME on 30th Jan 2019. The topics and speakers were : Varicose veins, an Enigma Simplified (Dr Ashish Dhadas), Infectious Diseases Diagnostics (Dr. Shamma Athalye –Shetye) and New trends in Spine (Dr. Nilesh Zope)

The CME was attended by 92 delegates. Dr. Bhakti Lote was the convener of the CME program. The sessions were moderated by Dr. Anasuya Gopal, Dr Susheela Aravindan and Dr. Bhakti Lote. 3rd issue of IMA Dombivli's quarterly magazine "Dialogue" was released by senior physicians Dr. Sunil Gadkari and Dr. Aruna NaikDesai. An extraordinary GBM was convened on the same day prior to CME for discussing the format for IMA Dombivli trust.



40) 6th Feb 2019 - School Health Program

Mission Pink Health - School health check up and health awareness program was organised by IMA Dombivliat Dnyanmandir school, Dombivli East on 6th February 2019. Anaemia detection & treatment was conducted for around 170 girls and boys between the age group 11 to 13 yrs. A lecture on hand hygiene was taken by Dr. Vijayalakshmi Shinde. A lecture on Anaemia awareness, menstrual health & hygiene was taken for the girls by Dr. Manasi Karandikar and adolescent health was taken for the boys by Dr. Vijay Chinchole. General health checkup was conducted by Dr. Archana Pate, Dr. Vijay Aage, Dr. Alka Gadgil, Dr. Bhakti Lote, Dr. Nayana Chaudhary, Dr. Vinay Byadgi, Dr. Swati Gurav, Dr. Vaishali Pagare

Hb estimation of the children was done on 4th Feb by Dr. Baitule



41) 8th Feb 2019 - NURSES' TRAINING WORKSHOP

IMA Dombivli through its HBI subchapter conducted Nurses' training workshop in association with IMA MS HBI - NABH Accreditation Initiative Technical Support team on 8th February 2019.

The session was attended by 107 staff nurses representing 25 hospitals from Dombivli, Kalyan, Ambernath, Badlapur and Ulhasnagar. The staff nurses were given training on various topics like

- Hospital Infection Control
- BMW management
- Management of Medication
- Emergency Medical codes
- Hospital Patient and employee safety

▪Patient's Rights and responsibilities

These topics were as per requirements by hospitals (for staff training) to prepare for NABH accreditation entry level certification. The training was taken by expert trainers provided by technical support team of IMA MS HBI Accreditation Initiative. The staff nurses were given certificates on successfully completing the workshop.



42) 9th Feb 2019 - Mental Health workshop for Children

A unique program was organized by IMA Dombivli in a unique manner by inviting renowned psychiatrist Dr. Harish Shetty on 9th February 2019 for a workshop, where students, Parents and Teachers came together and were counselled regarding the do's and don'ts for strong mental and psychological health of children.

There were many more golden pointers, which Dr. Shetty gave in a very light play way method while interacting with children present in the workshop. More than 200 parents / teachers participated in the program. School heads / teachers from 12 schools in and around Dombivli participated in the program and were felicitated by IMA Dombivli for giving importance to mental health of children.



43) 20th February 2019 - CME on End TB Initiative

IMA Dombivli conducted TB CME on 20th Feb 2019. The topics and speakers were : TB Diagnosis and Treatment guidelines by Dr Sandhya Kulkarni, Govt Guidelines on TB, beyond Treatment by City TB Officer Dr. Sameer Sarvankar,.

The CME was attended by 74 delegates. Dr. Ashwini Acharya was the convener of the CME program. The sessions were moderated by Dr. Alka Gadgil, Dr. Dilip Joshi, Dr. Reena choudhary and Dr. Milind Sakpal. The CME was well appreciated by all delegates.



44) 24th Feb 2019 - Life Saver's Run 2019 (Awareness Run to Create Awareness about Importance of learning Life Support)

For the first time, IMA Dombivli organized an Awareness Run to create awareness about Importance of learning life support. Nearly 450 people participated in the run. Dr Ajit Oak, an ultra Marathon runner and member of IMA Dombivli flagged off the event. A skit on Life support was performed by IMA Dombivli members. Hands only Life Support for Lay rescuers was demonstrated to the participants. Zoomba session was taken. All in all, it was a super successful event.





See More photos at <https://photos.app.goo.gl/LDU3GsYsMFo8aW1v9>

45) 24th Feb 2019 -Annual general Body Meeting with Anand Mela (Annual get Together)

On 24th February Evening, AGM was conducted in Dombivli Gymkhana New Building. Welcome Address was given by President Dr archana Pate, secretarial Report was presented by Dr.Vandana Dhaktode. Provisional half yearly accounts were presented by Dr Sunit Upasani. Various issues were discussed. All committees presented their reports. Problems with IMA Dombivli Trust formation were informed to members. **For the first time, IMA Dombivli comprehensive directory Green Book was released** during AGM at the hands of Dr Mangesh Pate, Dr Yogesh Acharya, Dr G.V.Kulkarni and Dr Shyam Ghotikar. IMA Dombivli election results for the year 2019 – 20 were announced by Election Officers Dr mangesh Pate, Dr Dilip Joshi and Dr Vijay Aage. Incoming President Dr Meena Pruthi and her team were felicitated. IMA Dombivli awards for the year 2018 – 19 were given.

AGM was followed by Annual Get together - **Anand Mela**, for IMA Dombivli members and their families. Games, Antakshari, music, DJ was organized and was followed by dinner.



46) 6th March 2019 - Nurses Training Program

IMA Dombivli through its HBI subchapter conducted its 2nd Nurses' training workshop in association with IMA MS HBI - NABH Accreditation Initiative Technical Support team on 6th March 2019.

The session was attended by 54 staff nurses representing 13 hospitals from Dombivli, Kalyan and Ulhasnagar. The topics of training were as per requirements by hospitals (for staff training) to prepare for NABH accreditation entry level certification. The training was taken by expert trainers provided by technical support team of IMA MS HBI Accreditation Initiative. The staff nurses were given certificates on successfully completing the workshop.



47) 8th March 2019 – Women's Day Celebration (Workshop On Grooming)

IMA Dombivli WDW celebrated Women's day on 8th March 2019. A workshop was organised on Self Grooming. Renowned cosmetologist from Dombivli Dr Gayatri Bharadwaj and her team conducted the workshop for 31 female IMA members, where in following were included: Simple makeup, Self-do hairstyles and various styles of saree draping. The theme was floral. Prizes were given for 3 best dressed members. The WDW members for the next year were introduced & felicitated. The function concluded with cake cutting. See more photos at

<https://photos.app.goo.gl/1MCjTqHmEidjetve7>



48) 10th March 2019 – Participation in Glaucoma Awareness Rally

IMA Dombivli participated in "Glaucothon"- Glaucoma awareness Rally as per the directives of IMA Maharashtra State. The event was organised by Anil Eye Hospital under the supervision of Dr Anagha Heroor. Around 250 people took part in the rally. Slogans were raised and information on Glaucoma was given to the participants by Dr. Heroor.



49) 12th March 2019 – Health Awareness Program

IMA Dombivli WDW in association with Innerwheel club of Dombivli arranged a lecture on 12th March 2019 for staff & mothers of Rotary school for deaf students. The lecture was arranged by the school in view of Women's day. It was attended by Dr. Niti Upasani, Dr. Meena Pruthi & Dr. Nayana Chaudhari. A lecture on "parenting of children with special needs" was given by Dr. Niti Upasani. She covered menstrual health, diet & adolescent issues.



50) 16th March 2019 – BLS workshop for Lay Rescuers under Project Sanjeevan

Basic Life Support was taught to Lay Rescuers in a housing society of Dombivli by members of Team Sanjeevan for BLS training as a part of Community Service. Demonstration of Life Support with Hands on Training on Manikin was given to nearly 50 participants. Dr. Deepa Shukla, Dr Meena Pruthi and Dr Archana Pate trained the participants. Certificate of participation was given to the participants.



51) 17th March 2019 – DAAN KI ADALAT - A Mega Organ Donation Awareness program

IMA Dombivli organized a mega Organ Donation awareness Program on 17th March 2019. Through a moot court scenario and in the form of question answer session – all the nitty gritty regarding organ donation was explained in an extremely easy manner. ZTCC official Mrs Sujata Ashtekar, Transplant surgeons Dr Anvay Mulay, Dr Gaurav Gupta, Nephrologist Dr Haresh Dodeja, IMA HBI MS Chairman Dr Mangesh Pate, Intensivists from Fortis Dr Rahul Pandit and Dr Charudatt Vaity, Neurophysician from Pune Dr Sunil Bandishti (who has himself undergone heart transplant) participated in the program. Donor families and the recipients shared their first hand experience! The event was attended by 136 people and the immediate impact of the program was that more than 90% of the people took organ donation pledge forms for themselves and their family members. The program was very much appreciated by all those who attended the event.



52) 20th March 2019 - BLS Training for Staff Nurses

IMA Dombivli through its HBI subchapter conducted BLS training for staff nurses on 20th March 2019 at IMA Hall. Hands on training on BLS was given by trainers from IMA Dombivli. The training was attended by 25 nurses from various hospitals in Dombivli.



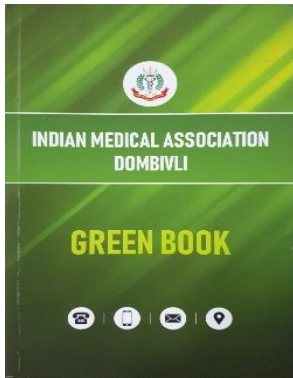
53) 27th March 2019 - CME on Ethics and Medico legal Issues

CME on Ethics and Medico legal Issues was conducted at Hotel Nandi Palace, Dombivli – E on 27th March 2019. The speakers were MMC President Dr. Shivkumar Utture and Medicolegal Consultant Dr. Vivek Tilwani. The CME was attended by 74 delegates.



54) Membership Development drive –

16 new life members were inducted in the year 2018-19



55) IMA Dombivli GREEN BOOK -

GREEN BOOK WAS RELEASED FOR THE FIRST TIME BY IMA DOMBIVLI FOR ITS MEMBERS ON 24TH FEBRUARY 2019. Green Book is a directory of members of IMA Dombivli having all personal and professional details.

56) IMA Dombivli Help Fund – IMA Dombivli initiated a unique welfare program for its members. When son of one of our life member met with a life threatening accident, through IMA Dombivli Help Fund, an amount of Rs. 2.5 lacs was raised and given to the concerned doctor. IMA Dombivli will continue to stand by its members in times of need just like a family.

57) IMA Dombivli Grievance Redressal Forum – Through this redressal forum, 4 major incidents involving IMA Dombivli members were tackled and mishaps avoided in the year 2018 - 19.